

D.Y. Patil College Of Engineering,
National Service Scheme
Sector 29, Akurdi, Pune, MH, India-44.



Date:-09/01/2024

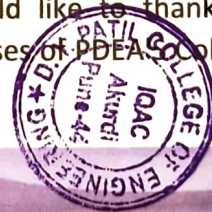
GENERAL MEDICAL CHECKUP AND LIFESTYLE COUNSELING CAMP- REPORT

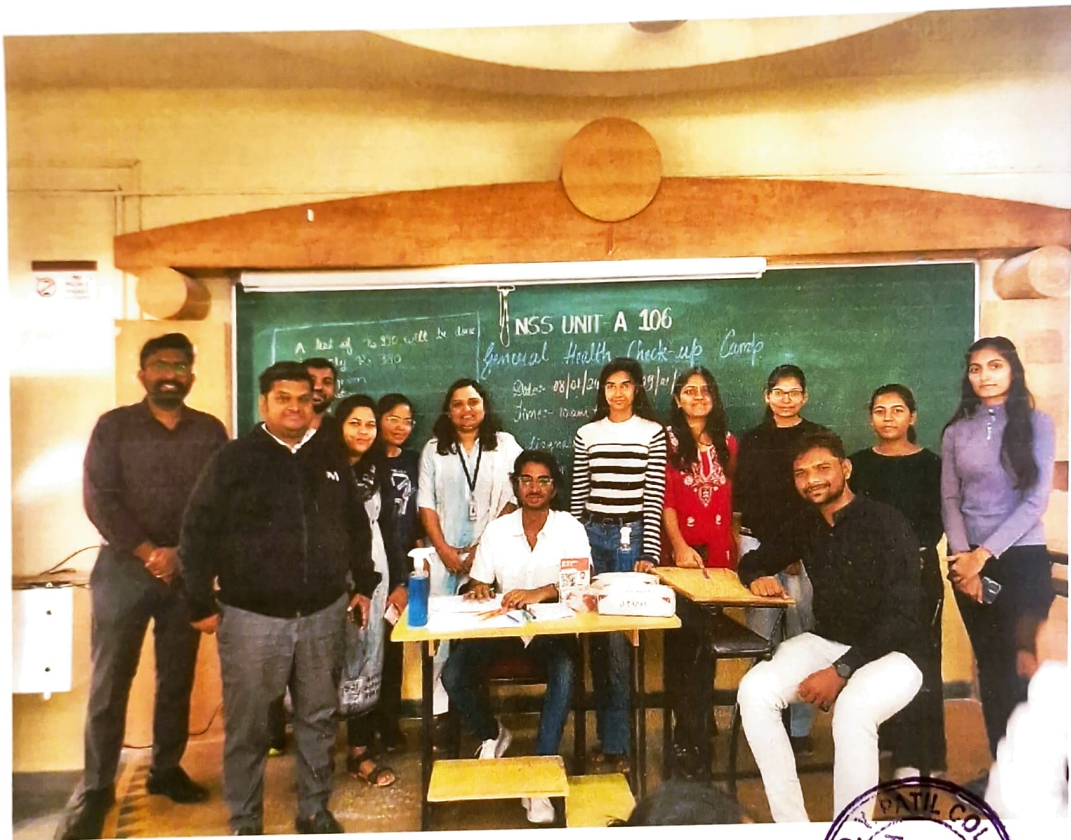
Objective:

1. To encourage people for a medical checkup.
2. To build wider awareness as early diagnosis is important for prevention and early care.

Considering health at most priority of ours NSS Unit at D.Y. Patil College of Engineering, arranged a General medical checkup and lifestyle counselling camp, PDEA'S College of Ayurveda and Research centre, Nigdi, Pune from 8 jan to 9 jan. The Camp began at 10:10 am to till 4:00 pm. Some of the important test for screening for Rs. 990 were kept at a discounted rate of Rs. 390. The medical checkup included the following tests: Haemogram, Blood Sugar Fasting, Ultra TSH, Lipid Profile. The medical camp was held in class room no. 20, with 209 faculties being present for the checkup.

The functioning of the camp went great and smoothly by the sincere and disciplined efforts of the volunteers present during the camp. We would like to thank every volunteers, the faculties and special thanks to Doctors and Nurses of PDEA'S College of Ayurveda and Research centre.





Outcome Of Activity:

1. Faculty members gain a better understanding of their health status through various medical tests and examinations. They become more aware of their current health conditions and potential risk factors.

Medical check-ups may identify underlying health problems or risk factors, allowing for early intervention and treatment. This can prevent the progression of diseases or health conditions.

3. Lifestyle counseling sessions can educate faculty members on adopting healthier habits, managing stress, improving nutrition, incorporating physical activity, and enhancing overall well-being.

4. Based on the check-up results, personalized health plans can be developed for each faculty member, focusing on specific areas that need improvement or management.

5. The camp can motivate individuals to take charge of their health by making positive lifestyle changes, leading to better overall health outcomes and increased productivity.



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